



What is EHOWAKI? ~Lucky long sushi roll~



How to eat Eho-maki

When we eat Eho-maki, there are some rules.

First, we must not speak until we finish eating. If we speak when we eat Eho-maki, it is said that we can't get happiness.

Second, when we eat Eho-maki, we have to look in the year's good luck direction. It is said that god is in the direction.





History of Eho-maki

Eho-maki is a sushi roll that is eaten on *Setsubun*.

February 3rd is Setsubun in Japan. Setsubun is the last day of the winter. In Japan, people through small beans for good health and happiness.

Recently, many Japanese people eat Eho-maki on Setsubun. People believe Eho-maki bring happiness when we eat it on Setsubun.

Eho-maki culture is started in the west area of Japan.



Recently Eho-maki

Recently, there are many kinds of Eho-maki. For example, Eho-maki that has a character motif. The picture on the left is the Eho-maki that has Anpan-man motif. In addition to that, many shops sell Eho-maki that is made by cake. The second picture on the left is the Eho-maki that is made by cake. It is look like Swiss roll.

People can buy and enjoy Eho-maki easily. It is because almost of convinience store in Japan sell Eho-maki in Setsubun season. Convinience store is one of the elements to spread Eho-maki culture.

If you have a chance to visit Japan on Setsubun, why don't you eat Eho-maki and enjoy traditional Japanese culture?